

# MIAC Outdoor Championship

📍 Saint Olaf College 🏠 Thu, Apr 30 - Sat, May 9, 2026



## Results

### Women's 1500 Meters Collegiate Finals

© MIAC	4:28.55	Fiona Smith, SAINT BENEDICT	2024
© Venue	4:29.56	Marie Borner, BETHEL (MINN.)	2010

	Athlete	Yr	Team	Finals	Pts
1	Lauren Tittel	FR	CARLETON	4:35.46	10
2	Kate Fox	SO	MACALESTER	4:38.43	8
3	Mya Slavin	SO	SAINT MARY'S ...	4:38.86	6
4	Ella Landis	SR	ST. OLAF	4:39.20	5
5	Londyn Ames	JR	CONCORDIA M...	4:44.00	4
6	Megan Timmerman	SR	ST. OLAF	4:47.08	3
7	Amelia Campbell	FR	CARLETON	4:49.17	2
8	Abigale Lindquist	SO	ST. OLAF	4:49.91	1
9	Madeleine Reckmeyer	SO	CARLETON	4:51.59	
10	Louisa Lamarre	SO	ST. OLAF	4:51.90	
11	Regan Niemi	JR	ST. SCHOLASTI...	4:54.87	
12	Addison Enfield	FR	GUSTAVUS AD...	4:56.23	
13	Anna Cargill	SR	BETHEL (MINN.)	4:57.00	
14	Willemijn Leiner	SO	ST. OLAF	4:58.12	
15	Anna-Britta Helmer	FR	ST. OLAF	5:01.05	
16	Grace McCormick	JR	ST. SCHOLASTI...	5:02.03	
17	Daphne Grobstein	FR	SAINT BENEDICT	5:03.41	
18	Julia Babineau	JR	SAINT BENEDICT	5:04.01	
19	Siiri Anderson	FR	GUSTAVUS AD...	5:06.21	
20	Ruby Gifford	FR	SAINT BENEDICT	5:07.54	
21	Ava Shirley	SR	ST. OLAF	5:11.55	
22	Laura Sunnarborg	JR	GUSTAVUS AD...	5:12.11	
23	Eva Creighton	SR	SAINT BENEDICT	5:14.32	
24	Madeline Hartley	JR	ST. SCHOLASTI...	5:18.29	
25	Sierra Cherniavsky	FR	CARLETON	5:18.31	
26	Kaitlyn Peterson	JR	ST. CATHERINE...	5:19.08	
27	Emery Holland	FR	CONCORDIA M...	5:28.05	
--	Lilly Dickinson	FR	CONCORDIA M...	DNF	

### Men's 1500 Meters Collegiate Finals

© MIAC	3:49.39	Joe Coffey, ST. OLAF	2017
© Venue	3:45.38	Joe Coffey, ST. OLAF	2017

	Athlete	Yr	Team	Finals	Pts
1	Cole Stencil	JR	SAINT JOHN'S ...	3:51.31	10
2	Hootie Hage	SO	BETHEL (MINN.)	3:53.44	8
3	Nicholas Brauer	JR	GUSTAVUS AD...	3:53.62	6
4	Gabe Nichols	SR	CARLETON	3:54.39	5
5	Nick St. Peter	SR	SAINT JOHN'S ...	3:54.48	4
6	Garrett Seppanen	SO	ST. OLAF	3:55.04	3
7	Quinn Hoisington	JR	MACALESTER	3:55.97	2
8	Jackson Bullock	SO	ST. OLAF	3:56.84	1
9	Alex Bjork	JR	ST. OLAF	3:57.33	
10	Dashiell Coyier	FR	CARLETON	3:59.96	
11	Lars Molenkamp	JR	SAINT JOHN'S ...	4:02.30	
12	Ethan Martel	JR	ST. OLAF	4:03.26	
13	Owen Chamberlin	SR	ST. OLAF	4:03.31	
14	Ben Westholm	SO	ST. SCHOLASTI...	4:04.64	
15	Eli Doran	SR	ST. OLAF	4:04.92	
16	Micah Larsen-Schmidt	SO	ST. OLAF	4:06.98	
17	Gavin Hansen	SO	BETHEL (MINN.)	4:09.27	
18	Gavin Carl	FR	CONCORDIA M...	4:09.86	
19	Ignatius Fitzgerald	SR	ST. OLAF	4:10.36	
20	Hogan Smith	SR	GUSTAVUS AD...	4:15.33	
21	Max Whalen	FR	CARLETON	4:16.21	
22	Henry Nelson	SR	AUGSBURG	4:16.66	
23	Emerson Lange	SR	CARLETON	4:18.65	
24	Luke Jenneke	JR	GUSTAVUS AD...	4:20.04	
25	Max Mortensen	FR	MACALESTER	4:22.83	
26	Ravi Achar	SO	CARLETON	4:23.82	
27	Weston Rolf	SO	BETHEL (MINN.)	4:24.03	
28	Kyle Thompson	SO	CARLETON	4:31.50	

# MIAC Outdoor Championship

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## Results

### Women's 100m Hurdles Collegiate Prelims

Ⓞ MIAC	13.80	Birgen Nelson, GUSTAVUS ADOLPHUS	2022
Ⓞ Venue	14.13	Mallory Burnham, ST. THOMAS	2014

	Athlete	Yr Team	Prelims	Wind
1	Michaela Zenz	FR BETHEL (MINN.)	14.55 Q	+1.6
2	Juslene Chea	FR SAINT BENEDICT	14.80 q	+1.6
3	Lauren Pearson	FR CONCORDIA M...	14.87 Q	+0.3
4	Claire Stein	FR ST. OLAF	14.97 q	+0.3 (14.963)
5	Ellie Hernes	SR BETHEL (MINN.)	14.97 Q	-0.6 (14.967)
6	Emily Podulke	SO GUSTAVUS AD...	14.99 q	-0.6 (14.989)
7	Hannah Bingham	SO BETHEL (MINN.)	14.99 q	+1.6 (14.990)
8	Kaili Malvey	FR CONCORDIA M...	15.06 q	-0.6
9	Sophia Vogel	FR GUSTAVUS AD...	15.30 q	-0.6
10	Annika Walsh	FR ST. OLAF	15.34	+1.6
11	Svea Frantzich	FR ST. OLAF	15.51	-0.6
12	Brianna Hexum	FR BETHEL (MINN.)	15.62	+0.3
13	Anyah Adelgren	JR SAINT BENEDICT	15.71	-0.6
14	Aliyah Robran	SR HAMLINE	15.93	+0.3
15	Kayla Kajer	SO GUSTAVUS AD...	16.01	+1.6
16	Chelsea Stahl	JR GUSTAVUS AD...	16.21	+0.3
17	Chloe Ostrem	JR SAINT BENEDICT	16.41	+0.3
18	Caroline Kelleher	SO CARLETON	16.46	+0.3
19	Lucy Rappana	FR ST. SCHOLASTI...	16.47	+1.6
20	Kayla Evans	SO BETHEL (MINN.)	16.48	-0.6
21	Ally Tyvoll	JR BETHEL (MINN.)	16.53	+1.6
22	Selah Greenquist	FR BETHEL (MINN.)	16.81	-0.6
23	Emma Schuele	SR SAINT BENEDICT	16.93	-0.6
24	Annalise Gerlach	FR CONCORDIA M...	17.22	+0.3
25	Jillian Muglia	FR CARLETON	17.25	+1.6
--	Claire Keech	SR ST. OLAF	DNS	
--	Laura Thauvin	SO GUSTAVUS AD...	DNF	

### Men's 110m Hurdles Collegiate Prelims

Ⓞ MIAC	13.83	Taylor Rooney, GUSTAVUS ADOLPHUS	2021
Ⓞ Venue	14.47	Rami Gharsali, LAKEHEAD (ONT.)	2024

	Athlete	Yr Team	Prelims	Wind
1	Logan Swanson	FR BETHEL (MINN.)	14.61 Q	+2.4
2	Pryce Ferrin	SO BETHEL (MINN.)	14.89 Q	+2.4
3	Connor McCormick	SR GUSTAVUS AD...	15.01 q	+2.4
4	Bashir Amoud	JR SAINT JOHN'S ...	15.02 q	+2.4
5	Blake Viesselman	JR BETHEL (MINN.)	15.22 Q	-1.3
6	Trae Headlee	FR SAINT JOHN'S ...	15.31 q	+2.4
7	Hayden Hauf	FR CONCORDIA M...	15.41 q	+2.4
8	Morris Suah	JR HAMLINE	15.65 q	-1.3
9	Michael Crowder	FR CONCORDIA M...	15.72 q	+2.4
10	Logan Clark	SR CONCORDIA M...	15.75	-1.3
11	Sebastian Stefanowicz	SR MACALESTER	15.85	-1.3
12	Eric Richards	SO GUSTAVUS AD...	16.10	+2.4
13	Hamza Mahamud	SR MACALESTER	16.23	+2.4
14	Aaron Elseth	SR BETHEL (MINN.)	16.33	+2.4
15	Will Lapinski	JR ST. OLAF	16.57	+2.4
16	Alan Haglin	SO HAMLINE	16.59	+2.4
17	Isak Brandt	JR SAINT JOHN'S ...	16.75	+2.4
18	Trevor Stundahl	FR BETHEL (MINN.)	17.02	-1.3
19	Jesse Olson	JR ST. OLAF	17.20	+2.4
20	Jacob Aki	FR HAMLINE	17.21	+2.4
21	Micah Miller	FR BETHEL (MINN.)	17.50	-1.3
22	Eli Leafblad	JR BETHEL (MINN.)	19.52	-1.3
23	Timothy Hubers	FR BETHEL (MINN.)	20.05	-1.3
--	Gavin Hoelzel	JR ST. OLAF	DNS	
--	James Kirch	FR CONCORDIA M...	DNS	
--	Kenan Tchounbia	SO ST. OLAF	DNS	

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## Results

### Women's 400 Meters Collegiate Prelims

Ⓞ MIAC	53.87	Megan Geraets, GUSTAVUS ADOLPHUS	2025
Ⓞ Venue	55.56	Jennifer Higgins, ST. CLOUD STATE	1999

	Athlete	Yr	Team	Prelims
1	Madi Pelowski	SR	BETHEL (MINN.)	55.99 Q
2	Shalom Sulungaine	JR	BETHEL (MINN.)	56.80 Q
3	Ellie Semple	FR	ST. OLAF	57.60 q
4	Izzi Jaeckle	SO	ST. OLAF	57.79 Q
5	Allison Hookom	SR	AUGSBURG	58.01 q
6	Emma Warner	SO	CONCORDIA M...	58.18 q
7	Ashley Slaybaugh	FR	BETHEL (MINN.)	58.47 q
8	Emma Norton	FR	CONCORDIA M...	58.62 q
9	Deni Zaharieva	FR	SAINT MARY'S (...)	58.67 q
10	Anna Schottler	FR	SAINT BENEDICT	58.94
11	Haley Zelen	SO	SAINT BENEDICT	59.30
12	Isabel Fynboh	SR	GUSTAVUS ADO...	59.66
13	Adelyn Ellefson	SO	BETHEL (MINN.)	59.85
14	Kayla Nelson	SR	ST. SCHOLASTICA	1:00.03
15	Taylor Dean	FR	SAINT BENEDICT	1:00.46
16	Morgan Dean	SR	BETHEL (MINN.)	1:00.89
17	Grace Bailey	FR	GUSTAVUS ADO...	1:01.11
18	Erin Schauer	FR	ST. OLAF	1:01.63
19	Alice Wagner-Hemstad	SO	ST. OLAF	1:02.06
20	Teagan Stark	SO	GUSTAVUS ADO...	1:02.44
21	Paxyn Rendahl	FR	ST. SCHOLASTICA	1:03.28
22	Aunika Reynolds	FR	CONCORDIA M...	1:03.81
23	Adrienne Karpen	SR	HAMLIN	1:03.82
24	Kettly Brushaber	JR	BETHEL (MINN.)	1:04.20
25	Tiffany Dean	FR	SAINT BENEDICT	1:04.48
26	Kayla Sieck	SR	ST. OLAF	1:06.05
27	Nathalie Hain	SO	AUGSBURG	1:08.97

### Men's 400 Meters Collegiate Prelims

Ⓞ MIAC	46.20	Grant Nelson, BETHEL (MINN.)	2025
Ⓞ Venue	47.15	Carson Glad, ST. THOMAS (MINN.)	2004

	Athlete	Yr	Team	Prelims
1	Noah Kubicek	SR	ST. SCHOLASTICA	48.53 Q
2	Elliott Kent	FR	BETHEL (MINN.)	48.56 Q
3	Grant Nelson	SR	BETHEL (MINN.)	48.63 Q
4	Caleb Ketterling	JR	BETHEL (MINN.)	48.98 q
5	Brody Schelhaas	FR	BETHEL (MINN.)	49.82 q (49.815)
6	Henry Schonebaum	SR	MACALESTER	49.82 q (49.818)
7	Manny Poscher	SO	HAMLIN	49.86 q
8	Tony Haack	SR	BETHEL (MINN.)	49.95 q
9	Will Sportel	SO	BETHEL (MINN.)	50.01 q
10	Austin McInturff	SO	ST. OLAF	50.33
11	Luke Scheel	FR	GUSTAVUS ADO...	50.45
12	Gavin Vogel	SO	ST. OLAF	50.52
13	Cohen Stursa	JR	GUSTAVUS ADO...	50.60
14	Cullen Arneson	JR	GUSTAVUS ADO...	50.61
15	Jakob Eenigenburg	SO	ST. OLAF	50.93
16	James Alexander	SO	CARLETON	51.07
17	Anikan Larson	FR	GUSTAVUS ADO...	51.18
18	Logan Jandro	FR	GUSTAVUS ADO...	51.20
19	Tyler Heil	JR	GUSTAVUS ADO...	51.22
20	Finn Eskeli	FR	ST. SCHOLASTICA	51.61
21	Zachary Bartsch	SO	ST. SCHOLASTICA	51.78
22	Reese Blondin	JR	GUSTAVUS ADO...	52.24
23	Luke Jones	SO	ST. OLAF	52.44
24	Ryan Becker	FR	SAINT JOHN'S (...)	52.46
25	Andrew Lamb	FR	MACALESTER	52.51
26	Timothy Hubers	FR	BETHEL (MINN.)	52.61
27	Justin Kucala	FR	BETHEL (MINN.)	54.36

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## Results

### Women's 100 Meters Collegiate Prelims

© MIAC	11.80	Birgen Nelson, GUSTAVUS ADOLPHUS	2023
© Venue	12.04	Brittany Henderson, MINNESOTA STATE	2007

	Athlete	Yr	Team	Prelims	Wind
1	Zari Young	SO	SAINT MARY'S ...	12.15 Q	+0.6
2	Emily Rengo	SR	CONCORDIA M...	12.26 Q	+0.7
3	Gabriella Lund	JR	SAINT BENEDICT	12.38 q	+0.6
4	Alethia Olson-Skog	FR	BETHEL (MINN.)	12.40 Q	-0.8
5	Samantha Munson	SR	SAINT MARY'S ...	12.41 q	-0.8
6	Autumn Maki	SO	BETHEL (MINN.)	12.43 q	-0.8
7	Ella Paulson	SO	BETHEL (MINN.)	12.45 q	+0.6
8	Jaz Turnbaugh	FR	HAMLIN	12.49 q	-0.8 (12.482)
9	Evangeline Sappington	FR	ST. OLAF	12.49 q	+0.7 (12.489)
10	Claire Siems	SO	HAMLIN	12.50	+0.7
11	Allison Stacy	SO	GUSTAVUS AD...	12.54	+0.6
12	Raina Kaping	JR	BETHEL (MINN.)	12.56	-0.8
13	Lydia Fynboh	SO	CONCORDIA M...	12.60	+0.7
14	Andie Sandman	JR	CONCORDIA M...	12.61	+0.6
15	Claire Beckley	SO	MACALESTER	12.67	-0.8
16	Alexi Schneider	SO	HAMLIN	12.75	+0.7
17	Grace Hoffmann	SO	HAMLIN	12.82	-0.8
18	Grace Buntrock	JR	SAINT BENEDICT	12.84	+0.7
19	Terri Mensah	FR	CARLETON	12.87	+0.6
20	Kate Clairmont	FR	GUSTAVUS AD...	12.92	+0.7
21	Sinnea Brown	FR	HAMLIN	12.94	+0.7
22	Abby Groen	FR	GUSTAVUS AD...	12.97	+0.6
23	Alice Islam	SO	CARLETON	12.99	-0.8
24	Mabel Badejo	FR	HAMLIN	13.00	+0.7 (12.997)
25	Jayda Boutchee	FR	HAMLIN	13.00	-0.8 (12.998)
26	Bianca Lott	SR	CARLETON	13.08	+0.6 (13.074)
27	McKenzie Munson	SR	SAINT MARY'S ...	13.08	+0.6 (13.075)

### Men's 100 Meters Collegiate Prelims

© MIAC	10.31	Kevin Arthur, SAINT JOHN'S (MINN.)	2024
© Venue	10.41	Renward Wells, HEARTLAND SELECT	2002

	Athlete	Yr	Team	Prelims	Wind
1	Jade Anstine	JR	GUSTAVUS AD...	10.49 Q	+4.0
2	Aiden Jones	FR	SAINT JOHN'S ...	10.60 q	+4.0
3	Andrei Pettis	SR	HAMLIN	10.72 q	+4.0
4	Cameron McConnell	SR	BETHEL (MINN.)	10.74 Q	+1.1
5	Kieran Murnan	JR	SAINT JOHN'S ...	10.77 q	+1.1
6	Ryan Cramer	SO	SAINT MARY'S ...	10.80 q	+1.1
7	Landen Liu	SR	BETHEL (MINN.)	10.90 Q	+0.7
8	Max Albertson	JR	ST. OLAF	10.95 q	+1.1
9	Gage Hatch	FR	SAINT MARY'S ...	10.96 q	+0.7
10	Ty McCall	SO	BETHEL (MINN.)	10.98	+4.0
11	Jaden Alexander	FR	SAINT JOHN'S ...	10.99	+1.1
12	Ethan Lebrija	SO	CONCORDIA M...	11.00	+0.7
13	Jukari Blackshere	FR	HAMLIN	11.06	+4.0
14	Bailey Evans	SO	SAINT JOHN'S ...	11.07	+0.7 (11.063)
15	Alex Palmer	SO	GUSTAVUS AD...	11.07	+4.0 (11.066)
16	Anthony Ferrante	SO	SAINT JOHN'S ...	11.08	+0.7
17	Abe Polzien	FR	ST. OLAF	11.09	+4.0
18	Drew Morral	FR	MACALESTER	11.10	+1.1
19	Falens Byron	SO	AUGSBURG	11.17	+4.0
20	Frank Terway	SO	GUSTAVUS AD...	11.18	+0.7
21	Nolan Jacene	FR	BETHEL (MINN.)	11.27	+4.0
22	Sebastian Stefanowicz	SR	MACALESTER	11.29	+0.7
23	Andy White	SO	SAINT JOHN'S ...	11.32	+1.1
24	Nolan Morical	SR	CONCORDIA M...	11.33	+1.1
25	Jinwoo Jung	JR	SAINT MARY'S ...	11.39	+1.1 (11.381)
26	Oche Ali	FR	ST. OLAF	11.39	+0.7 (11.388)
27	Ben Kritsberg	SR	SAINT MARY'S ...	11.41	+0.7

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## Results

### Women's 800 Meters Collegiate Prelims

Ⓞ MIAC 2:07.36 Phoebe Aguiar, MACALESTER 2019  
 Ⓞ Venue 2:09.51 Marie Borner, BETHEL (MINN.) 2009

	Athlete	Yr	Team	Prelims
1	Kyla Nygaard	SR	CONCORDIA M...	2:14.10 Q
2	Isabel Wyatt	SR	ST. OLAF	2:14.20 Q
3	Cora DenHartog	FR	ST. OLAF	2:14.84 Q
4	Mya Slavin	SO	SAINT MARY'S (...)	2:15.79 Q
5	Lauren Tittel	FR	CARLETON	2:16.23 Q
6	Charlotte Kusch	SO	CARLETON	2:16.58 Q
7	Taylor Radaich	JR	SAINT BENEDICT	2:17.22 q
8	Molly DiNardo	JR	ST. OLAF	2:17.59 q
9	Abbie Manhard	SR	ST. OLAF	2:18.79 q
10	Anabel Bradley	JR	HAMLIN	2:19.43
11	Katja Wallin	FR	GUSTAVUS ADO...	2:21.24
12	Nora Mickelson	JR	ST. OLAF	2:23.28
13	Sydney Mielcarski	FR	CARLETON	2:26.91
14	Natalie Zielsdorf	SR	SAINT BENEDICT	2:27.61
15	Alicia Maddux	SR	HAMLIN	2:27.69
16	Madeline Daugherty	SO	ST. OLAF	2:28.21
17	Genevieve Agati	SO	CARLETON	2:28.72
18	Addie Dahl	SO	CONCORDIA M...	2:28.74
19	Meaghan McDonald	SR	SAINT BENEDICT	2:29.30
20	Ellen Stumbo	SO	CARLETON	2:29.42
21	Macy Piechowski	FR	SAINT BENEDICT	2:30.03
22	Kaitlyn Peterson	JR	ST. CATHERINE (...)	2:30.40
23	Madeline Hartley	JR	ST. SCHOLASTICA	2:32.64
24	Brooke Viner	FR	GUSTAVUS ADO...	2:32.72
25	Piper Gushwa	FR	GUSTAVUS ADO...	2:35.15
26	Erin O'Connor	SO	SAINT BENEDICT	2:36.75
27	Brooke Verkinnes	SR	SAINT BENEDICT	2:39.38

### Men's 800 Meters Collegiate Prelims

Ⓞ MIAC 1:49.88 Donson Cook-Gallardo, CARLETON 2017  
 Ⓞ Venue 1:51.59 Terrance Woldbaum, NDSU 2004

	Athlete	Yr	Team	Prelims
1	Lance Nemecek	SR	ST. OLAF	1:53.18 Q
2	Paxon Myers	FR	ST. OLAF	1:53.83 Q
3	Cullen Moore	SR	ST. OLAF	1:54.71 Q
4	Owen Montreuil	SR	SAINT JOHN'S (...)	1:55.94 Q
5	Max McCoy	JR	SAINT JOHN'S (...)	1:56.24 q
6	Goi Ruei	SO	SAINT MARY'S (...)	1:56.90 q
7	Christian Fells	JR	ST. OLAF	1:57.48 Q
8	Jameson Drieslein	SO	ST. OLAF	1:57.52 Q
9	Trigg Heimdal	FR	ST. OLAF	1:57.63 q
10	Henry Johnson	JR	ST. OLAF	1:57.83
11	Connor Feldt	FR	ST. SCHOLASTICA	1:58.30
12	Zander Olmschenk	SO	SAINT JOHN'S (...)	1:58.90
13	Lucas Olson	SO	ST. OLAF	1:59.35
14	Jeffrey Kayfes	SR	ST. SCHOLASTICA	1:59.95
15	Brady Andrews	JR	CONCORDIA M...	2:00.71
16	Ashton Niemi	JR	ST. SCHOLASTICA	2:00.87
17	Thomas Malecha	SR	MACALESTER	2:01.33
18	Aiden Langheim	SR	SAINT JOHN'S (...)	2:01.59
19	Joel Bouley	SO	ST. SCHOLASTICA	2:03.24
20	Logan Hays	SO	BETHEL (MINN.)	2:03.92
21	Odin Foote	FR	GUSTAVUS ADO...	2:04.14
22	Evan Grover	SR	CONCORDIA M...	2:04.49
23	Nolan Pfeilsticker	FR	SAINT JOHN'S (...)	2:05.24
24	Paul Yang	SO	AUGSBURG	2:06.84
25	Isaiah Damico	FR	CONCORDIA M...	2:06.97
26	Ian Berube	FR	ST. SCHOLASTICA	2:09.79
27	Kelvin Moresi	JR	MACALESTER	2:10.97
--	John Ihrke	SO	MACALESTER	DNS

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© MIAC	59.87	Birgen Nelson, GUSTAVUS ADOLPHUS	2023
© Venue	1:01.77	Kendra Mooberry, MSU MOORHEAD	2010

	Athlete	Yr	Team	Prelims
1	Lauren Berg	SR	SAINT BENEDICT	1:02.36 Q
2	Claire Stein	FR	ST. OLAF	1:02.40 q
3	Hannah Bingham	SO	BETHEL (MINN.)	1:02.97 Q
4	Josie Brown	FR	CONCORDIA M...	1:03.08 Q
5	Sophia Vogel	FR	GUSTAVUS ADO...	1:05.31 q
6	Brianna Hexum	FR	BETHEL (MINN.)	1:05.53 q
7	Ava Loftness	FR	GUSTAVUS ADO...	1:05.59 q
8	Adyson Gerbig	FR	BETHEL (MINN.)	1:05.79 q
9	Abby Lovelace	JR	CONCORDIA M...	1:05.80 q
10	Michaela Zenz	FR	BETHEL (MINN.)	1:06.38
11	Lauren Rocheford	SR	GUSTAVUS ADO...	1:07.28
12	Caroline Kelleher	SO	CARLETON	1:07.47
13	Emily Podulke	SO	GUSTAVUS ADO...	1:07.70
14	Allison Hookom	SR	AUGSBURG	1:07.97
15	Aliyah Robran	SR	HAMLIN	1:08.26
16	Mariah Brooks	SO	SAINT BENEDICT	1:09.55
17	Chloe Ostrem	JR	SAINT BENEDICT	1:10.11
18	Anya Adalgren	JR	SAINT BENEDICT	1:10.16
19	Adelyn Kennedy	SO	GUSTAVUS ADO...	1:10.59
20	Sophie Syverson	FR	CARLETON	1:11.00
21	Joel Makem Ratzinger	JR	SAINT BENEDICT	1:11.67
22	Lucy Rappana	FR	ST. SCHOLASTICA	1:12.46
23	Kayla Evans	SO	BETHEL (MINN.)	1:13.28
24	Mae Robinson	FR	ST. OLAF	1:13.93
25	Samantha Richardson	JR	SAINT BENEDICT	1:13.98
26	Megan Worry	SO	MACALESTER	1:15.01
27	Brooke Baumann	SR	HAMLIN	1:15.98

### Men's 400m Hurdles Collegiate Prelims

© MIAC	51.38	Joel Smith, BETHEL (MINN.)	2024
© Venue	52.81	P.J. Theisen, ST. THOMAS (MINN.)	2004

	Athlete	Yr	Team	Prelims
1	Cooper Smith	JR	SAINT JOHN'S (...)	54.18 Q
2	Blake Viesselman	JR	BETHEL (MINN.)	55.16 Q
3	Aidan McKeever	FR	ST. OLAF	55.72 q
4	Connor McCormick	SR	GUSTAVUS ADO...	55.92 q
5	Ryan Richardson	SO	CONCORDIA M...	56.13 q
6	Cristian Escobar Pearson	SO	ST. OLAF	56.19 q
7	Eric Richards	SO	GUSTAVUS ADO...	56.33 q
8	Trevor Stundahl	FR	BETHEL (MINN.)	56.48 q
9	Morris Suah	JR	HAMLIN	56.96 Q
10	Logan Swanson	FR	BETHEL (MINN.)	57.21
11	Landon Gilbertson	SO	GUSTAVUS ADO...	57.48
12	Soren Kaster	JR	CARLETON	57.63
13	Ty Swanson	SO	GUSTAVUS ADO...	58.22
14	Will Lapinski	JR	ST. OLAF	59.04
15	Jamir Horton	SO	AUGSBURG	59.12
16	Tyler Anderson	FR	AUGSBURG	59.46
17	Edward Gregorin	FR	HAMLIN	1:00.03
18	R.E Jamieson	FR	ST. OLAF	1:00.24
19	Aiden Blaeser	SR	SAINT JOHN'S (...)	1:01.12
20	Anthony Checco de Souza	FR	BETHEL (MINN.)	1:01.26
21	Keaton Miller	FR	SAINT MARY'S (...)	1:02.01
22	Jacob Aki	FR	HAMLIN	1:02.71
23	Maddox Moses	SO	HAMLIN	1:03.41
24	Hamza Mahamud	SR	MACALESTER	1:04.19
25	Daniel Araoz	FR	SAINT MARY'S (...)	1:06.31

# MIAC Outdoor Championship

📍 Saint Olaf College 🏠 Thu, Apr 30 - Sat, May 9, 2026



## Results

### Women's 200 Meters Collegiate Prelims

🕒 MIAC	23.97	Megan Geraets, GUSTAVUS ADOLPHUS	2024
🕒 Venue	23.96	Megan Geraets, GUSTAVUS ADOLPHUS	2025

	Athlete	Yr	Team	Prelims	Wind
1	Izzi Jaeckle	SO	ST. OLAF	25.06 Q	+3.5
2	Shalom Sulungaine	JR	BETHEL (MINN.)	25.21 Q	+3.1
3	Samantha Munson	SR	SAINT MARY'S ...	25.24 Q	+2.4 (25.232)
4	Zari Young	SO	SAINT MARY'S ...	25.24 q	+3.1 (25.234)
5	Emily Rengo	SR	CONCORDIA M...	25.29 q	+3.5
6	Claire Siems	SO	HAMLIN	25.49 q	+3.5
7	Gabriella Lund	JR	SAINT BENEDICT	25.62 q	+2.4
8	Jaz Turnbaugh	FR	HAMLIN	25.72 q	+3.1
9	Allison Stacy	SO	GUSTAVUS AD...	25.80 q	+3.5
10	Evangelina Sappington	FR	ST. OLAF	25.83	+2.4
11	Andie Sandman	JR	CONCORDIA M...	26.14	+3.1
12	Claire Beckley	SO	MACALESTER	26.27	+3.5
13	Grace Bailey	FR	GUSTAVUS AD...	26.32	+2.4
14	Morgan Hanlin	FR	SAINT BENEDICT	26.35	+2.4
15	Allee Feldman	SO	SAINT BENEDICT	26.43	+3.1
16	Adelyn Ellefson	SO	BETHEL (MINN.)	26.54	+3.5
17	Alice Islam	SO	CARLETON	26.61	+3.5
18	Kate Clairmont	FR	GUSTAVUS AD...	26.65	+3.1
19	Brynley Coleman	SO	CONCORDIA M...	26.76	+3.5
20	Alexi Schneider	SO	HAMLIN	26.86	+3.1
21	Andrea Chavarria	FR	ST. OLAF	26.89	+3.1
22	Arisa Rydberg	SO	BETHEL (MINN.)	26.90	+2.4
23	Bianca Lott	SR	CARLETON	27.03	+2.4
24	Sinnea Brown	FR	HAMLIN	27.23	+2.4
25	Myah Nelson	SR	SAINT BENEDICT	27.29	+3.1
26	Amanda Crewey	SR	MACALESTER	27.40	+3.5
27	Mabel Badejo	FR	HAMLIN	28.79	+2.4

### Men's 200 Meters Collegiate Prelims

🕒 MIAC	20.68	Kevin Arthur, SAINT JOHN'S (MINN.)	2024
🕒 Venue	21.06	Renward Wells, HEARTLAND SELECT	2002

	Athlete	Yr	Team	Prelims	Wind
1	Grant Nelson	SR	BETHEL (MINN.)	21.16 Q	+1.5
2	Jade Anstine	JR	GUSTAVUS AD...	21.40 Q	+2.2
3	Kieran Murnan	JR	SAINT JOHN'S ...	21.52 q	+2.2
4	Cameron McConnell	SR	BETHEL (MINN.)	21.58 Q	-0.3
5	Gage Hatch	FR	SAINT MARY'S ...	21.85 q	+2.2
6	Ethan Lebrija	SO	CONCORDIA M...	21.86 q	-0.3
7	Elliott Kent	FR	BETHEL (MINN.)	21.89 q	-0.3
8	Stephen Feig	FR	BETHEL (MINN.)	21.97 q	-0.3
9	Derek Guth	FR	SAINT JOHN'S ...	22.07 q	+2.2
10	Ty McCall	SO	BETHEL (MINN.)	22.10	+2.2
11	Jaden Alexander	FR	SAINT JOHN'S ...	22.12	+2.2
12	Conner Martens	SO	GUSTAVUS AD...	22.26	+1.5
13	Andrei Pettis	SR	HAMLIN	22.31	-0.3
14	Woody Bien-Aime	JR	SAINT JOHN'S ...	22.40	+1.5
15	Anikan Larson	FR	GUSTAVUS AD...	22.42	+2.2
16	Asher Nathan	JR	CARLETON	22.47	+1.5 (22.464)
17	Trevor Tiongson	SR	CONCORDIA M...	22.47	+2.2 (22.467)
18	Will Sportel	SO	BETHEL (MINN.)	22.47	+2.2 (22.469)
19	Andy White	SO	SAINT JOHN'S ...	22.56	+1.5
20	Tyler Heil	JR	GUSTAVUS AD...	22.64	-0.3
21	Abe Polzien	FR	ST. OLAF	22.70	+1.5
22	Jukari Blackshere	FR	HAMLIN	22.83	+1.5
23	Nolan Morical	SR	CONCORDIA M...	22.85	+1.5
24	Oche Ali	FR	ST. OLAF	22.92	-0.3
25	Anthony Ferrante	SO	SAINT JOHN'S ...	23.05	-0.3
26	Falens Byron	SO	AUGSBURG	23.11	-0.3
27	Cullen Arneson	JR	GUSTAVUS AD...	23.22	+1.5

# MIAC Outdoor Championship

📍 Saint Olaf College 🏠 Thu, Apr 30 - Sat, May 9, 2026



## Results

### Women's 4x800 Relay Collegiate Finals

© MIAC	9:08.67	KATIE THEISEN) (R. Team)	2008
© Venue	9:10.61	CARLETON (R. Team)	2014

	Team	Relay	Finals	Pts
1	CONCORDIA MOORHEAD 'A'		9:21.47	10
	1) Londyn Ames Jr	2) Kelyn Henry-Perlich So		
	3) Abby Lovelace Jr	4) Kyla Nygaard Sr		
2	MACALESTER	'A'	9:23.38	8
	1) Tilia Iverson So	2) Aubrey Jensen Fr		
	3) Kyra Morris So	4) Kate Fox So		
3	SAINT BENEDICT	'A'	9:28.87	6
	1) Taylor Radaich Jr	2) Anabella Witschen Jr		
	3) Bailey Link Jr	4) Taylor Dean Fr		
4	ST. OLAF	'A'	9:39.27	5
	1) Louisa Lamarre So	2) Ella Landis Sr		
	3) Anna Peikert Fr	4) Cora DenHartog Fr		
5	GUSTAVUS ADOLPHUS	'A'	9:41.88	4
	1) Ellyn Soli Fr	2) Ella Kienitz So		
	3) Katja Wallin Fr	4) Addison Enfield Fr		
6	CARLETON	'A'	9:46.74	3
	1) Louise Ruzanic Fr	2) Nina Peterson Fr		
	3) Nicole Peterson Fr	4) Madeleine Reckmeyer So		
7	BETHEL (MINN.)	'A'	9:48.33	2
	1) Chloe Erickson So	2) Kiara Gentz Jr		
	3) Estle Nelson So	4) Emerson Mullen Fr		
8	HAMLIN	'A'	9:56.77	1
	1) Anabel Bradley Jr	2) Alicia Maddux Sr		
	3) Briyanna Burkhardt So	4) Tessa Meyers So		
9	ST. SCHOLASTICA	'A'	10:09.14	
	1) Regan Niemi Jr	2) Liliana Hoard Fr		
	3) Madeline Hartley Jr	4) Grace McCormick Jr		
10	SAINT MARY'S (MINN.)	'A'	10:34.83	
	1) Susan Bergeman Fr	2) Addison Burckhardt Fr		
	3) Megan Frosch Sr	4) Katherine Goergen So		
11	ST. CATHERINE (MINN.)	'A'	10:45.16	
	1) Mist Sit So	2) Kaitlyn Peterson Jr		
	3) Lauren Kennedy So	4) Felicity Lamb Jr		

### Men's 4x800 Relay Collegiate Finals

© MIAC	7:33.39	ST. OLAF (R. Team)	2017
© Venue	7:44.88	ST. THOMAS (W. Versen, K. Rossow, R. Burgler, T. Feichtinger)	2014

	Team	Relay	Finals	Pts
1	ST. OLAF	'A'	7:40.85	10
	1) Jackson Bullock So	2) Aaron Ruesink So		
	3) Zach Martin Jr	4) Austin McInturff So		
2	BETHEL (MINN.)	'A'	7:41.88	8
	1) Michael Schultz So	2) Hootie Hage So		
	3) TJ Strubbe So	4) Victor Lelinga Jr		
3	SAINT JOHN'S (MINN.)	'A'	7:51.42	6
	1) Owen Montreuil Sr	2) Lars Molenkamp Jr		
	3) Max McCoy Jr	4) Nick St. Peter Sr		
4	CARLETON	'A'	7:55.53	5
	1) Ronen Silberman Jr	2) Indy Lyness Sr		
	3) Jacob Hopkins Fr	4) Gabe Nichols Sr		
5	MACALESTER	'A'	7:57.36	4
	1) Henry Schonebaum Sr	2) Donovan Connole Sr		
	3) Daniel Wiltse Jr	4) Jay Lebakken Sr		
6	GUSTAVUS ADOLPHUS	'A'	8:03.42	3
	1) Logan Jandro Fr	2) Colin Talle Fr		
	3) Camden Citek Jr	4) Nicholas Brauer Jr		
7	ST. SCHOLASTICA	'A'	8:12.17	2
	1) Jeffrey Kayfes Sr	2) Ben Westholm So		
	3) Ashton Niemi Jr	4) Connor Feldt Fr		
8	CONCORDIA MOORHEAD 'A'		8:19.62	1
	1) Brady Andrews Jr	2) Jonas Hagemeister So		
	3) Stetson Gisselbeck Fr	4) Weston Mahar Fr		
9	HAMLIN	'A'	8:39.99	
	1) Dre Dunkins Fr	2) Jayden Rentz Fr		
	3) Brandon Li So	4) Wade Tuggle So		
10	AUGSBURG	'A'	8:58.30	
	1) Paul Yang So	2) Henry Nelson Sr		
	3) Tyler Anderson Fr	4) Tanner Rouillard-Horne So		



## Results

### Women's 10,000 Meters Collegiate Finals

Ⓞ MIAC 34:15.01 Fiona Smith, SAINT BENEDICT 2024  
 Ⓞ Venue 35:52.14 Emma Lee, UNATTACHED 2016

	Athlete	Yr	Team	Finals	Pts
1	Hannah Preisser	SR	CARLETON	35:30.60	10
2	Molly Liston	SR	GUSTAVUS AD...	36:39.86	8
3	Aliya Larsen	SR	CARLETON	38:40.88	6
4	Samantha Ellis	JR	MACALESTER	38:55.08	5
5	Ashley Nelson	SO	CONCORDIA M...	39:04.64	4
6	Arabella England	SO	ST. OLAF	39:15.06	3
7	Kathleen Madden	JR	ST. OLAF	39:49.64	2
8	Abby Wood	SO	ST. SCHOLASTI...	39:58.56	1
9	Anna Gould	FR	GUSTAVUS AD...	40:03.04	
10	Megan Wainwright	SR	ST. OLAF	40:14.87	
11	Elizabeth Weider	SO	ST. OLAF	40:28.86	
12	MollyKate Hagen	JR	ST. SCHOLASTI...	40:31.95	
13	Abby Bufkin	JR	SAINT BENEDICT	40:33.94	
14	Brooklyn Hart	SO	CONCORDIA M...	40:52.57	
15	Molly Kate McCloskey	SR	ST. OLAF	41:00.98	
16	Safiya Ait Ali	SO	ST. OLAF	41:48.15	
17	Anna Lendrum Fort	FR	MACALESTER	42:04.11	
18	Madelyn Tung-Mabry	JR	ST. OLAF	42:33.16	
19	Rachel Olinger	SR	SAINT BENEDICT	43:19.65	
--	Ava Nibbelink	SO	BETHEL (MINN.)	DNF	

### Men's 10,000 Meters Collegiate Finals

Ⓞ MIAC 29:46.75 Lucas Mueller, CARLETON 2021  
 Ⓞ Venue 31:02.37 Jeff Renlund, ST. THOMAS 1994  
 (MINN.)

	Athlete	Yr	Team	Finals	Pts
1	Kevin Turlington	SR	ST. OLAF	30:59.28	10
2	Gael Manzur Strandlund	SR	ST. OLAF	31:00.45	8
3	Tyler Edwards	SR	MACALESTER	31:34.51	6
4	Tyler Goss	JR	CONCORDIA M...	31:50.03	5
5	Roy Llewellyn	SR	CARLETON	31:51.19	4
6	Travis Brown	SO	CARLETON	31:51.58	3
7	Cooper Gundersen	SO	ST. OLAF	32:17.43	2
8	Evan Goddard	FR	ST. OLAF	32:31.65	1
9	Connor Hitchcock	FR	ST. OLAF	32:51.51	
10	Isaiah Fitzgerald	JR	SAINT MARY'S ...	32:55.81	
11	Lucas LiaBraaten	SR	HAMLIN	33:25.42	
12	Quinn McCabe	JR	ST. OLAF	33:30.34	
13	Angelo Fiataruolo	SR	ST. OLAF	33:39.30	
14	Soren Sackreiter	SR	GUSTAVUS AD...	33:40.77	
15	Owen Marsh	FR	ST. OLAF	33:47.67	
16	Simon Chambers-Trubatch	JR	CARLETON	34:01.03	
17	Andrew Jamison	SR	CARLETON	34:04.04	
18	Carter Ferber	SR	CONCORDIA M...	34:11.10	
19	Evan Pouliot	JR	GUSTAVUS AD...	34:14.97	
20	Evan Dallas	SR	BETHEL (MINN.)	34:48.97	

### Women's Javelin Collegiate Finals

Ⓞ MIAC 48.28m Lisa Brown, GUSTAVUS 2008  
 ADOLPHUS

Ⓞ Venue 46.45m Renee Erickson, CONCORDIA-  
 MOORHEAD 1995

	Athlete	Yr	Team	Finals	Pts
1	Genevieve Gruba	JR	CONCORDIA M...	39.16m	10
2	Isabella Schei	JR	SAINT MARY'S ...	37.55m	8
3	Kaia Gack	SO	CONCORDIA M...	35.35m	6
4	Grace Ciarrochi	JR	CONCORDIA M...	35.32m	5
5	Brooke Boroughs	JR	MACALESTER	34.93m	4
6	Kaili Malvey	FR	CONCORDIA M...	33.87m	3
7	Kennison Azure	FR	CONCORDIA M...	32.82m	2
8	Claire Keech	SR	ST. OLAF	32.27m	1
9	Parker Pollis	SO	SAINT BENEDICT	32.11m	
10	Taylor Christenson	SO	CONCORDIA M...	31.95m	
11	Willa Bishop	SO	CARLETON	31.65m	
12	Emily Koch	JR	SAINT BENEDICT	31.53m	
13	Anna Lacy	JR	GUSTAVUS AD...	31.09m	
14	Alina Siodlarz	FR	MACALESTER	30.50m	
15	Allison Banse	SO	SAINT BENEDICT	30.23m	
16	Lauren Selle	FR	CONCORDIA M...	30.11m	
17	Reese Laposky	FR	SAINT BENEDICT	29.05m	
18	Emily McCarthy	SO	CONCORDIA M...	27.73m	
19	Logan Paulsen	SO	ST. OLAF	27.61m	
20	Rylee Kimmes	FR	GUSTAVUS AD...	27.14m	
21	Ella Heins	SO	ST. SCHOLASTI...	22.04m	

### Men's Discus Collegiate Finals

Ⓞ MIAC 55.57m Ben Nyquist, HAMLIN 2000

Ⓞ Venue 51.58m Derek Marks, ST. THOMAS 2007  
 (MINN.)

	Athlete	Yr	Team	Finals	Pts
1	Timmy Ball	SO	BETHEL (MINN.)	52.56m	10
2	Trent Beseth	SR	ST. SCHOLASTI...	52.48m	8
3	Grady Minnerath	SO	SAINT JOHN'S ...	48.25m	6
4	Philip Conant	JR	BETHEL (MINN.)	48.21m	5
5	Cooper Folkestad	SR	CONCORDIA M...	47.85m	4
6	Wyatt Hudspith	JR	GUSTAVUS AD...	46.68m	3
7	Eddie Herman	SO	HAMLIN	42.64m	2
8	Dillon Thurston	FR	HAMLIN	41.12m	1
9	Sam Ruprecht	FR	SAINT JOHN'S ...	40.92m	
10	Tom Kuriscak	SR	SAINT JOHN'S ...	40.09m	
11	Dylan Hageman	FR	BETHEL (MINN.)	39.98m	
12	Sam Dioszeghy	JR	CONCORDIA M...	39.89m	
13	Ricky Ramirez	SR	CONCORDIA M...	39.84m	
14	Esosa Edo-Ohanba	JR	ST. OLAF	39.37m	
15	Austin Mills	SR	MACALESTER	38.53m	
16	Mason Sundquist	SO	ST. SCHOLASTI...	38.24m	
17	Artur Porto	SO	MACALESTER	37.87m	
18	Ron White	JR	SAINT MARY'S ...	35.87m	
19	Laklen Vogel	FR	SAINT JOHN'S ...	34.40m	
--	Erik Malmberg	FR	ST. SCHOLASTI...	ND	



## Results

### Women's Long Jump Collegiate Finals

Ⓞ MIAC	5.73m	Megan Geraets, GUSTAVUS ADOLPHUS	2025
Ⓞ Venue	5.82m	Megan Geraets, GUSTAVUS ADOLPHUS	2025

	Athlete	Yr	Team	Finals	Wind	Pts
1	Ellie Hernes	SR	BETHEL (MINN.)	5.62m	+1.6	10
2	Ashlyn Jore	JR	ST. OLAF	5.60m	+2.4	8
3	Kaili Malvey	FR	CONCORDIA M...	5.54m	+2.0	6
4	Svea Frantzich	FR	ST. OLAF	5.52m	+1.7	5
5	Claire Stein	FR	ST. OLAF	5.50m	+3.2	4
6	Mabel Badejo	FR	HAMLIN	5.47m	+0.8	3
7	Juslene Chea	FR	SAINT BENEDICT	5.45m	+2.3	2
8	Allison Fink	FR	ST. SCHOLASTI...	5.42m	+1.0	1
9	Anna Gries	SO	SAINT BENEDICT	5.29m	0.0	
10	Lauren Pearson	FR	CONCORDIA M...	5.27m	0.0	
11	Jordan Stanislawski	JR	BETHEL (MINN.)	5.25m	+1.6	
12	Lauren Selle	FR	CONCORDIA M...	5.25m	+3.2	
13	Sabriya Farquharson	JR	SAINT BENEDICT	5.24m	0.0	
14	Terri Mensah	FR	CARLETON	5.20m	+0.9	
15	Morgan Hanlin	FR	SAINT BENEDICT	5.19m	-0.7	
16	Emily Rengo	SR	CONCORDIA M...	5.13m	+2.0	
17	Aubree Klein	JR	ST. OLAF	5.13m	0.0	
18	Kaylee Hawks	FR	GUSTAVUS AD...	5.04m	+2.2	
19	Maddie Sather	FR	CONCORDIA M...	4.90m	+1.3	
--	Harmony-Keli Tomety	JR	MACALESTER ND			

### Men's Javelin Collegiate Finals

Ⓞ MIAC	64.14m	Brett Hague, SAINT JOHN'S (MINN.)	2023
Ⓞ Venue	59.44m	Travis Zorn, ST. OLAF	1995

	Athlete	Yr	Team	Finals	Pts
1	Mitchell Degen	SR	SAINT JOHN'S ...	65.87m	10
2	Eli Hayes	JR	CONCORDIA M...	55.07m	8
3	Logan Day	FR	GUSTAVUS AD...	54.14m	6
4	Reese Anderson	SR	CARLETON	52.80m	5
5	Dash Schwab Jr.	SO	CARLETON	49.78m	4
6	Kole Guth	SR	SAINT JOHN'S ...	49.13m	3
7	Max Thomas	SR	ST. OLAF	47.15m	2
8	Jesse Olson	JR	ST. OLAF	47.13m	1
9	Brady Nordeen	JR	GUSTAVUS AD...	45.20m	
10	Holden Dvorak	FR	SAINT JOHN'S ...	45.07m	
11	Thomas Cass	SO	SAINT JOHN'S ...	44.76m	
12	Josh Peterson	JR	CONCORDIA M...	43.73m	
13	Wes Myers	FR	BETHEL (MINN.)	42.58m	
14	Micah Volner	FR	CONCORDIA M...	42.30m	
15	Bailey Evans	SO	SAINT JOHN'S ...	40.73m	
16	Aaron Elseth	SR	BETHEL (MINN.)	36.23m	
17	Luc Swanson	JR	BETHEL (MINN.)	35.83m	
18	Nick Norman	FR	AUGSBURG	35.67m	
19	Alex Palm	JR	BETHEL (MINN.)	35.22m	
20	Josh Pretasky	FR	SAINT JOHN'S ...	34.90m	

### Men's Pole Vault Collegiate Finals

Ⓞ MIAC	5.09m	Connor O'Neill, ST. THOMAS (MINN.)	2017
Ⓞ Venue	5.20m	Noah Zastrow, UNATTACHED	2024

	Athlete	Yr	Team	Finals	Pts
1	Tyler Evans	SO	CONCORDIA M...	4.70m	10
2	Austin Schloeder	JR	HAMLIN	4.60m	8
3	James Gates	SO	CARLETON	4.50m	6
4	Alex Chirhart	FR	SAINT JOHN'S ...	4.50m	4.5
4	Stephen Feig	FR	BETHEL (MINN.)	4.50m	4.5
6	Soren Kaster	JR	CARLETON	4.40m	3
7	Kole Guth	SR	SAINT JOHN'S ...	4.30m	2
8	Austin Mohr	FR	SAINT JOHN'S ...	4.30m	0.5
8	Reese Anderson	SR	CARLETON	4.30m	0.5
10	Gavin Hoelzel	JR	ST. OLAF	4.30m	
11	Alex Palmer	SO	GUSTAVUS AD...	4.20m	
12	Joe Ream	SR	GUSTAVUS AD...	4.20m	
12	Amos Anderson	FR	GUSTAVUS AD...	4.20m	
14	Reed White	FR	CARLETON	4.20m	
15	Josh Johnston	SR	SAINT JOHN'S ...	4.20m	
16	Connor McCormick	SR	GUSTAVUS AD...	4.05m	
17	Trey Petersen	JR	ST. OLAF	4.05m	
18	Joshua Graske	JR	BETHEL (MINN.)	3.90m	

### Women's Discus Collegiate Finals

Ⓞ MIAC	54.08m	Kris Kuehl, CONCORDIA	1992
Ⓞ Venue	52.45m	Nicole Chimko, UNIVERSITY OF MINNESOTA	1999

	Athlete	Yr	Team	Finals	Pts
1	Otelia Lighthill	JR	ST. OLAF	42.80m	10
2	Genevieve Dabout	FR	CONCORDIA M...	42.69m	8
3	Keira McCord	SO	GUSTAVUS AD...	42.18m	6
4	Olivia Duncan	JR	GUSTAVUS AD...	41.81m	5
5	Magenta Owens	SO	HAMLIN	41.46m	4
6	Arabella Sutth	SO	GUSTAVUS AD...	40.97m	3
7	Yonna Harris	FR	GUSTAVUS AD...	40.71m	2
8	Rachel Wehrman	SO	BETHEL (MINN.)	39.23m	1
9	Ava Halvorson	FR	ST. SCHOLASTI...	38.55m	
10	Elise Harriman	JR	ST. OLAF	38.44m	
11	Ellie Welch	SO	CONCORDIA M...	37.73m	
12	Nora Larsen	SR	BETHEL (MINN.)	37.66m	
13	Jada Henrikson	FR	BETHEL (MINN.)	36.80m	
14	Willa Bishop	SO	CARLETON	36.25m	
15	Allison Banse	SO	SAINT BENEDICT	36.03m	
16	Rylee Kimmes	FR	GUSTAVUS AD...	35.38m	
17	Chloe Mueffelmann	SO	CONCORDIA M...	34.63m	
18	Morgan Akason	FR	GUSTAVUS AD...	34.45m	
19	Logan Paulsen	SO	ST. OLAF	34.04m	
20	Ella Heins	SO	ST. SCHOLASTI...	32.26m	
--	Ella Engen	SR	ST. SCHOLASTI...	ND	

# MIAC Outdoor Championship

📍 Saint Olaf College 🏠 Thu, Apr 30 - Sat, May 9, 2026



## Results

### Men's Long Jump Collegiate Finals

Ⓞ MIAC 7.30m Erik Diley, SAINT JOHN'S (MINN.) 2008  
 Ⓞ Venue 7.32m Cory Dingels, ST. OLAF 2002

	Athlete	Yr	Team	Finals	Wind	Pts
1	Max Albertson	JR	ST. OLAF	7.28m	-1.3	10
2	Anthony Sletta	SO	SAINT JOHN'S ...	6.95m	+1.1	8
3	Anthony Mahowald	JR	ST. SCHOLASTI...	6.86m	+0.9	6
4	Brayden Waldron	FR	BETHEL (MINN.)	6.80m	+1.8	5
5	Josiah Budiman	SR	HAMLIN	6.79m	+1.1	4
6	Isaiah Watson	SO	HAMLIN	6.76m	-1.0	3
7	Nick Bovitz	JR	BETHEL (MINN.)	6.65m	+0.2	2
8	Liam Frommelt	SO	GUSTAVUS AD...	6.54m	+1.1	1
9	Amos Anderson	FR	GUSTAVUS AD...	6.47m	0.0	
10	Matthew Erickson	JR	ST. SCHOLASTI...	6.38m	+0.7	
11	Eli Hegland	SO	CONCORDIA M...	6.36m	0.0	
12	Miquel Pittman	FR	HAMLIN	6.19m	0.0	
13	Eli Leafblad	JR	BETHEL (MINN.)	6.13m	+2.2	
14	Ben Wynia	JR	GUSTAVUS AD...	6.10m	+3.8	
15	Tyler Evans	SO	CONCORDIA M...	5.98m	+2.0	
16	Jaylin Raab	SO	GUSTAVUS AD...	5.94m	+1.2	
17	Nathan Longfors	SO	CONCORDIA M...	5.94m	+1.9	
--	Vicente Bolivar	FR	AUGSBURG	DQ		
--	Rik Cumps	SO	ST. OLAF	ND		
--	Rufus Zulu	FR	HAMLIN	ND		

### Women's High Jump Collegiate Finals

Ⓞ MIAC 1.73m Holly Broadmarkle, GUSTAVUS 1987  
 ADOLPHUS  
 1.73m Kristal Grigsby, ST. THOMAS 2004  
 Ⓞ Venue 1.70m Nina Grossman, ST. THOMAS 1995

	Athlete	Yr	Team	Finals	Pts
1	Lauren Selle	FR	CONCORDIA M...	1.67m	10
2	Lauren Pearson	FR	CONCORDIA M...	1.64m	8
3	Tessa Myatt	JR	MACALESTER	1.61m	6
4	Kaili Malvey	FR	CONCORDIA M...	1.61m	5
5	Kayla Kajer	SO	GUSTAVUS AD...	1.58m	4
6	Emma Norton	FR	CONCORDIA M...	1.58m	3
7	Reese Laposky	FR	SAINT BENEDICT	1.58m	2
8	Annika Walsh	FR	ST. OLAF	1.58m	1
9	Ari Maurer	FR	SAINT BENEDICT	1.55m	
10	Kaylee Hawks	FR	GUSTAVUS AD...	1.55m	
11	Kaia Gack	SO	CONCORDIA M...	1.52m	
11	Drea Terwedo	JR	SAINT BENEDICT	1.52m	
13	Kiera Stommes	SO	SAINT BENEDICT	1.47m	
13	Abby Lovelace	JR	CONCORDIA M...	1.47m	
15	Frankie Witham	JR	HAMLIN	1.47m	
16	Marissa Albers	JR	HAMLIN	1.42m	
17	Maddox Lee	SR	GUSTAVUS AD...	1.42m	
--	Ali Simonson	FR	HAMLIN	NH	
--	Alina Siodlarz	FR	MACALESTER	NH	